MONDAY IN HOLY WEEK - MORNING PRAYER

PREPARATION

A SENTENCE OF SCRIPTURE

Christ himself bore our sins in his body on the tree, so that we might die to sin and live to righteousness. By his wounds you have been healed.

1 Peter 2: 24

VERSICLES AND RESPONSES

Stand

O Lord, open our lips

and our mouth will proclaim your praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be for ever. **Amen.**

Praise the Lord.

The Lord's name be praised.

THE WORD OF GOD

A PSALM OR PSALMS

The appointed Psalm is said or sung

Psalm 41

Refrain: O Lord, be merciful to me.

1 Blessed are those who consider the | poor and | needy; ■ the Lord will deliver them | in the | time of | trouble.
2 The Lord preserves them and restores their life, that they may be happy | in the | land; ■ he will not hand them | over •to the | will of their | enemies.
3. The Lord sustains them | on their | sickbed; ■ their sickness, | Lord, you | will re|move.

4 And so I said, 'Lord, be | merciful | to me; ■ heal me, for | I have | sinned a|gainst you.' [R]
5 My enemies speak | evil a|bout me, ■ asking when I shall | die and my | name | perish.
6. If they come to see me, they utter | empty | words; ■ their heart gathers mischief; when they go | out, they | tell it a|broad.

7 All my enemies whisper to|gether a|gainst me, ■ against me | they de|vise | evil, 8 Saying that a deadly thing | has laid | hold on me, ■ and that I will not rise a|gain from | where I | lie.

9† Even my bosom friend, whom I trusted, who | ate of my | bread, ■ has lifted | up his | heel a|gainst me. [R]

10 But you, O Lord, be | merciful | to me ■ and raise me up, | that I | may re|ward them.

11 By this I | know that you | favour me, ■ that my enemy | does not | triumph | over me.

12. Because of my integrity | you up|hold me ■ and will set me be|fore your | face for | ever.

13 Blessed be the | Lord •God of | Israel, ■ from everlasting to everlasting. A|men and | A|men.

Refrain: O Lord, be merciful to me.

Psalm-Prayer

God our deliverer, raise up the poor and comfort the betrayed, through the one who for our sakes became poor and whose betrayal brought our salvation, Jesus Christ our Lord.

A CANTICLE

THE PRAYER OF HABAKKUK

Habakkuk 3: 2-4, 13a, 15-19

Refrain: You came forth to save your people, to save your anointed, O God.

- 1 O Lord, I have heard of your renown, and I stand in awe, O Lord, of your work.
- 2 In the midst of the years renew it; in the midst of the years make it known; in wrath remember mercy.
- 3 God came from Teman, and the Holy One from Mount Paran. His glory covered the heavens, and the earth was full of his praise.
- 4 His brightness was like the sun, rays flashed from his hand; there he veiled his power.
- 5 You came forth to save your people, to save your anointed.
- 6 You trampled the sea with your horses, churning the mighty waters.
- 7 I hear, and my belly trembles, my lips quiver at the sound;
- 8 Rottenness enters into my bones, and my steps totter beneath me.
- 9 I will quietly wait for the day of trouble to come upon the people that invade us.
- 10 Though the fig tree does not blossom, nor fruit appear on the vines, the produce of the olive fail, and the fields yield no food,

11 Though the flock be cut off from the fold ■ and there be no herd in the stalls,
12 Yet will I rejoice in the Lord, ■ I will exult in the God of my salvation.
13 God, the Lord, is my strength; ■ he makes my feet like hinds' feet, and makes me tread upon the high places.

Refrain: You came forth to save your people, to save your anointed, O God.

A READING OR READINGS

One or two readings as appointed

Lamentations 1: 1-12a

How lonely sits the city that once was full of people!
How like a widow she has become, she that was great among the nations!
She that was a princess among the provinces has become a vassal.

She weeps bitterly in the night,
with tears on her cheeks;
among all her lovers
she has no one to comfort her;
all her friends have dealt treacherously with her,
they have become her enemies.

Judah has gone into exile with suffering and hard servitude; she lives now among the nations, and finds no resting-place; her pursuers have all overtaken her in the midst of her distress.

The roads to Zion mourn, for no one comes to the festivals; all her gates are desolate, her priests groan; her young girls grieve, and her lot is bitter.

Her foes have become the masters, her enemies prosper, because the Lord has made her suffer for the multitude of her transgressions; her children have gone away, captives before the foe. From daughter Zion has departed all her majesty.
Her princes have become like stags that find no pasture; they fled without strength before the pursuer.

Jerusalem remembers,
in the days of her affliction and wandering,
all the precious things
that were hers in days of old.
When her people fell into the hand of the foe,
and there was no one to help her,
the foe looked on mocking
over her downfall.

Jerusalem sinned grievously, so she has become a mockery; all who honoured her despise her, for they have seen her nakedness; she herself groans, and turns her face away.

Her uncleanness was in her skirts; she took no thought of her future; her downfall was appalling, with none to comfort her. 'O Lord, look at my affliction, for the enemy has triumphed!'

Enemies have stretched out their hands over all her precious things; she has even seen the nations invade her sanctuary, those whom you forbade to enter your congregation.

All her people groan as they search for bread; they trade their treasures for food to revive their strength. Look, O Lord, and see how worthless I have become.

Is it nothing to you, all you who pass by?

Luke 22: 1-23

Now the festival of Unleavened Bread, which is called the Passover, was near. The chief priests and the scribes were looking for a way to put Jesus to death, for they were afraid of the people.

Then Satan entered into Judas called Iscariot, who was one of the twelve; he went away and conferred with the chief priests and officers of the temple police about how he might betray him to them. They were greatly pleased and agreed to give him money. So he consented and began to look for an opportunity to betray him to them when no crowd was present.

Then came the day of Unleavened Bread, on which the Passover lamb had to be sacrificed. So Jesus sent Peter and John, saying, 'Go and prepare the Passover meal for us that we may eat it.' They asked him, 'Where do you want us to make preparations for it?' 'Listen,' he said to them, 'when you have entered the city, a man carrying a jar of water will meet you; follow him into the house he enters and say to the owner of the house, "The teacher asks you, 'Where is the guest room, where I may eat the Passover with my disciples?" He will show you a large room upstairs, already furnished. Make preparations for us there.' So they went and found everything as he had told them; and they prepared the Passover meal.

When the hour came, he took his place at the table, and the apostles with him. He said to them, 'I have eagerly desired to eat this Passover with you before I suffer; for I tell you, I will not eat it until it is fulfilled in the kingdom of God.' Then he took a cup, and after giving thanks he said, 'Take this and divide it among yourselves; for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.' Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.' And he did the same with the cup after supper, saying, 'This cup that is poured out for you is the new covenant in my blood. But see, the one who betrays me is with me, and his hand is on the table. For the Son of Man is going as it has been determined, but woe to that one by whom he is betrayed!' Then they began to ask one another which one of them it could be who would do this.

THE GOSPEL CANTICLE

BENEDICTUS The Song of Zechariah Luke 1: 68-79

Refrain: We adore you, O Christ, and we bless you, because by your holy Cross you have redeemed the world.

1 Blessèd be the Lord the | God of | Israel, ■ who has come to his | people \cdot and | set them | free. 2 The Lord has raised up for us a | mighty | saviour, born of the | house of his | servant | David. 3 Through the holy prophets God | promised ⋅ of | old ■ to save us from our enemies, from the | hands of | those who | hate us, 4 to show | mercy · to our | forebears, ■ and to re|member \cdot his | holy | covenant. 5 This was the oath God swore to our | father | Abraham: to set us | free \cdot from the | hand of \cdot our | enemies. 6 Free to worship him with out | fear, ■ holy and righteous before him | all the | days of \cdot our | life. 7 And you, child, shall be called the prophet of the | Most | High, for you will go before the | Lord · to pre|pare his | way, 8 To give his people knowledge | of sal|vation by the for giveness \cdot of | all their | sins.

```
9 In the tender compassion | of our | God ■ the dawn from on | high shall | break up|on us. 10 To shine on those who dwell in darkness ___ and the | shadow · of | death, ■ and to guide our feet | into · the | way of | peace.
```

Refrain: We adore you, O Christ, and we bless you, because by your holy Cross you have redeemed the world.

THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried: he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYER

Kneel

Let us pray.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

INTERCESSIONS AND THANKSGIVINGS

Lamb of God,

being human, you knew the pain the cross would inflict; being divine, you knew it was the only way we could be redeemed.

INTERCESSIONS

We pray

for creation and its care . . .
for the nations of the world . . .
for our nation and its leaders . . .
for this community and those who are in authority . . .
for the church universal as it works on your behalf . . .
for this local church in its ministry . . .
for persons with particular needs . . .

THANKSGIVINGS

We thank you

for the redemption of creation . . . for the sacrifice of your servants around the world . . . for your work as it continues in our community . . . for the sacrifice of those who serve us in your name . . . for our redemption . . .

CONCLUDING PRAYER

With the angels and those encircling your throne we join in proclaiming, "Worthy is the lamb that was slaughtered to receive power and wealth and wisdom and might and honour and glory and blessing" forever and ever. Amen.

THE COLLECT

The Collect of the Day *may be said or the prayer which follows it:* Monday in Holy Week

Almighty God, whose most dear Son went not up to joy, but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of his cross, may find it none other than the way of life and peace; through Jesus Christ our Lord.

or

God of love, as in Jesus Christ you gave yourself to us, so may we give ourselves to you, living according to your holy will. Keep our feet firmly in the way where Christ leads us; make our mouths speak the truth that Christ teaches us; fill our bodies with the life that is Christ within us. In his holy nme we pray. Amen.

THE LORD'S PRAYER

As our Saviour Christ has taught us, so we pray Our Father in heaven, hallowed be your name, your kingdom come, your will be done, On earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever. Amen.

01

As our Saviour Christ has taught us, we are bold to say Our Father, who art in heaven:
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory
for ever and ever. Amen.

THE ENDING

May Christ, who bore our sins on the cross, set us free to serve him with joy. **Amen.**

Let us bless the Lord. **Thanks be to God.**

DISMISSAL

BLESSING